


My Opposite Movements

Movement	Opposite movement
 A black and white illustration of a person with short hair, wearing a light-colored long-sleeved shirt and dark pants. They are standing with their arms raised straight up, forming a 'Y' shape with their body. The background is a simple oval shape with vertical lines.	<p>Draw or use words to describe the opposite movement:</p>
<p>How the body is used:</p> <p>The dancer is using their upper body to make a big and straight shape. They are using their feet as their body base.</p>	<p>How the body is used:</p>
<p>The message:</p>	<p>The message:</p>