My Own Movement Phrase

Movement 1

Write or draw your ideas:

Pathway

- · Curvy
- Straight
- · Diagonal
- · Wavy
- · Zig Zag
- · On the ground
- · In the air

Shape

- · Big shape
- · Small shape
- · Open shape
- · Closed shape
- · Symmetrical shape
- · Asymmetrical shape
- · Angled shape
- · Curved shape
- · Straight shape

Direction

- · Forwards
- Backward
- Sideways
- · Diagonal

My Own Movement Phrase

Movement 2

Write or draw your ideas:

Pathway

- · Curvy
- Straight
- · Diagonal
- · Wavy
- · Zig Zag
- · On the ground
- · In the air

Shape

- · Big shape
- · Small shape
- · Open shape
- · Closed shape
- · Symmetrical shape
- · Asymmetrical shape
- · Angled shape
- · Curved shape
- · Straight shape

Direction

- · Forwards
- Backward
- · Sideways
- Diagonal