Action Words Movements

Fill in the middle and right columns on the following organizer to record your ideas about possible movements for the action words listed. You may use pictures and words.

The columns for the word 'wiggle' have been filled as an example.

Action word	Elements of dance used	How the action word could be translated into movement
Wiggle	Body: use whole body Space: different levels (high, middle, low) Time: quick movements	 Sway body loosely from side to side with arms waving above the head. Move up and down quickly from high to medium to low level and back up again.
Glowing		

Action Words Movements

Action word	Elements of dance used	How the action word could be translated into movement
Drifting		
Singing		