

## Option 1 Message

**Dance Piece I Chose:** Mia Micheal's choreography about addiction

**Theme or Message of the Piece:** it's difficult to break an addiction

	Describe examples from the dance piece:	How it helps communicate the theme or message:
Body	<i>e.g., isolation of body parts during the section where Kapuno was controlling Kayla's arms as if she were the puppet</i>	<i>e.g., it demonstrates the control the Kapuno "the addiction" has over her body</i>
Space	<i>e.g., dancers are very close together. Kapuno often in Kayla's negative space</i>	<i>e.g., helps to demonstrate that she can't escape the addiction</i>
Time	<i>e.g., slow movements, connection to music</i>	

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	Describe examples from the dance piece:	How it helps communicate the theme or message:
Energy	<i>e.g., use of sustained and bound movements</i>	
Relationship	<i>e.g., the relationship between the two dancers and the sense of Kapuno's body controlling Kayla's movements</i>	
Additional tools such as costumes, props, lighting, and sound	<i>e.g., Kapuno wearing dark colours to represent the addiction</i>	