Option 2 Message

Dance piece I chose: Jade Jager Clark's piece about mental health **Theme or message of the piece:** having mental health issues can interfere with your friendships and social interactions

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	Describe examples from the dance piece:	How it helps communicate the theme or message:	
Body	e.g., use of almost entirely non-locomotor movements	e.g., the dancer in black is "stuck" and is having a hard time engaging socially because of her anxiety	
Space	e.g., grouping of dancers in the coloured shirts around the dancer in black	e.g., helps the audience to see that the dancer in black feels trapped	
Time	e.g., dancing to the music used in the piece		

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	Describe examples from the dance piece:	How it helps communicate the theme or message:
Energy	e.g., sharp, articulated movements of dancer in black	
Relationship	e.g., the dancer in black doing solo movements vs. The dancers in coloured shirts moving in unison	
Additional tools such as costumes, props, lighting, and sound	e.g., the use of black vs. coloured costumes	