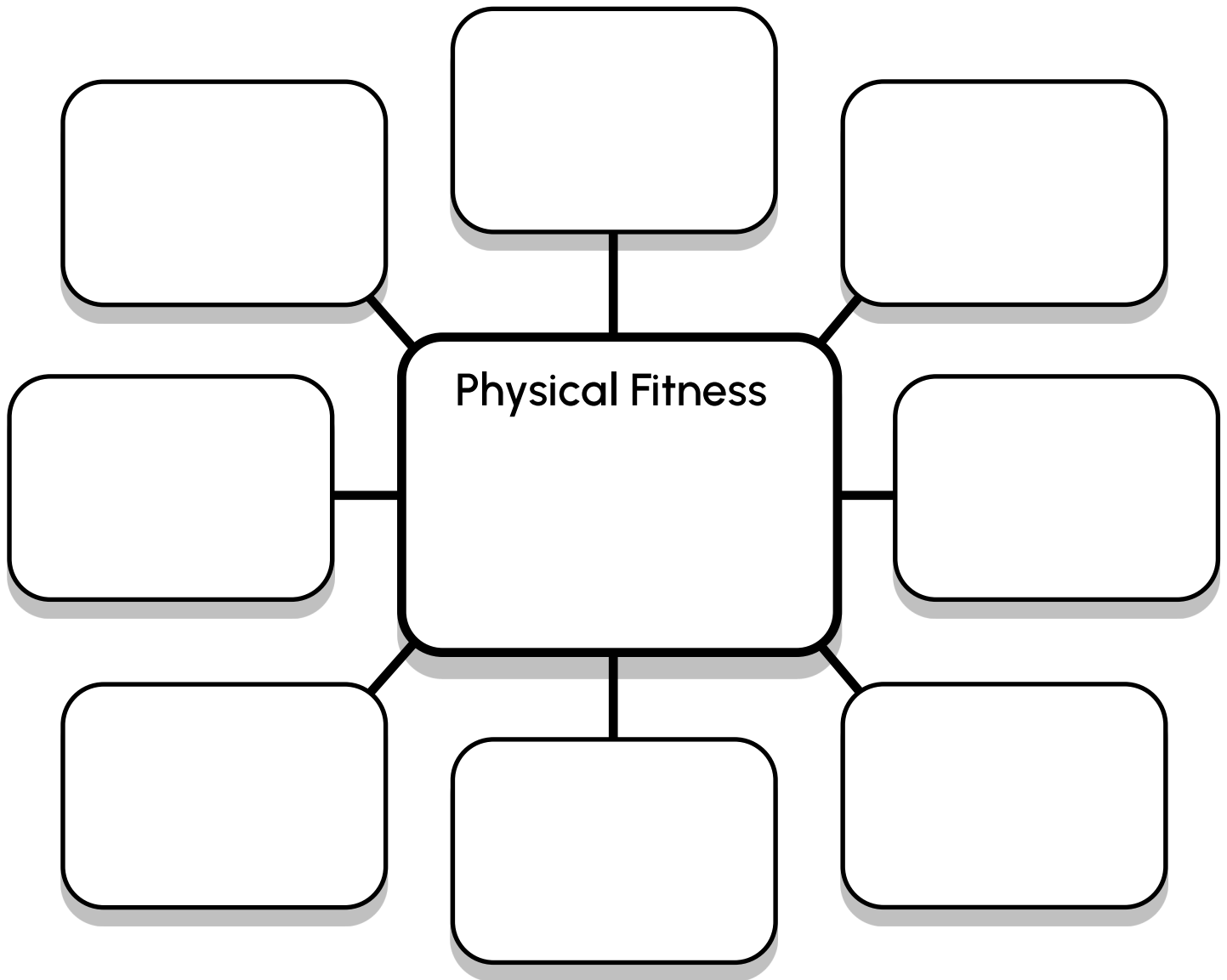


Physical Fitness Definition



My definition of physical fitness: