

## Meeting My Goals

I motivate myself to participate in many different activities to the best of my ability.

YES

NOT YET. I am learning to:

I would like to try:

I plan to take motivate myself by:

## Meeting My Goals

I am open to playing different positions and to playing in different groups.

YES

NOT YET. I am learning to:

When I feel like I am losing my self control I will try to:

Examples of my being encouraging and kind are: