

How Our Bodies Change Chart

- Body hair begins to grow
- Voice gets lower and deeper
- Chest and shoulders become larger
- Height increases
- Breast development
- Menstruation
- Penis and testicles get larger
- Fluctuating emotions
- Body odour
- Hips widening
- Acne

How Our Bodies Change Chart

Experienced by People with Male Reproductive Systems	Experienced by People with Female Reproductive Systems	Possibly Experienced by Both