

## KWL Chart

What do I <b>know</b> about making healthy food choices?	What do I <b>want</b> to know about making other healthier food choices?	What have I <b>learned</b> about healthy eating beyond eating healthy?
Reflect on the statement: "Healthy eating is more than just the food we eat."		
What are other ways you can make healthier choices when it comes to healthy eating?		