## My Food Patterns

<b>Day 1 –</b> Meals and beverages	<b>Day 2 –</b> Meals and beverages
Day 1 Picais and beverages	Day 2 Ficals and beverages
<b>Day 3 –</b> Meals and beverages	<b>Day 4 –</b> Meals and beverages
Day E - Mools and haverages	
<b>Day 5 –</b> Meals and beverages	