## **Consequences Chart Answers**

In all of these situations, not using the substance is the correct choice for those involved, even when these choices were difficult.

| Character                        | Potential consequence of substance use:  | Consequence of not using the substance:  |
|----------------------------------|--|--|
| The reluctant camper Scenario #1 | <ul> <li>giving into peer pressure</li> <li>taking part in illegal activity</li> <li>getting in trouble with their parents</li> <li>drinking alcohol which is addictive</li> </ul> | <ul> <li>staying safe</li> <li>not breaking the law</li> <li>not becoming addicted to alcohol</li> <li>standing up for themselves and not doing something they don't want to do</li> <li>not being seen as cool</li> </ul> |
| Friend A<br>Scenario<br>#2       | <ul> <li>becoming addicted to nicotine</li> <li>damaging their health</li> </ul>   | <ul> <li>not becoming addicted to nicotine</li> <li>staying healthy</li> <li>potentially losing their friend</li> </ul>  |
| Friend A<br>Scenario<br>#3       | <ul> <li>feeling paranoid, anxiety, exhausted</li> <li>feeling unhealthy</li> <li>missing soccer practice</li> <li>giving into peer pressure</li> </ul>                            | <ul> <li>losing their friend</li> <li>being seen as uncool</li> <li>staying healthy</li> <li>standing up for<br/>themselves and not doing<br/>something they don't<br/>want to do</li> </ul>                               |

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|--------------------------------|---|--|
| Student<br>A<br>Scenario<br>#4 | <ul> <li>falling asleep and becoming unresponsive</li> <li>putting themselves into danger</li> <li>drinking too quickly and developing alcohol poisoning</li> <li>becoming addicted to alcohol</li> <li>lying to their parents about where they are</li> <li>taking part in illegal activity</li> </ul> | <ul> <li>being safe and having fun at the party</li> <li>staying healthy</li> <li>not lying to their parents about where they are</li> <li>not breaking the law</li> </ul> |