

Exploring an App for Mental Health

Name of the app:

Main mental health goal:

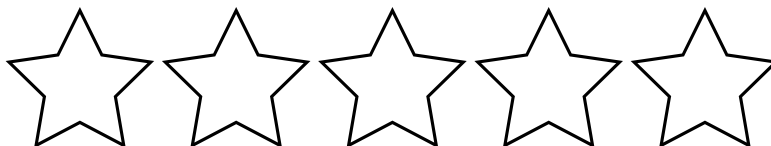
Other goals:

Two things the app can do:

1.

2.

Rating out of 5 stars (0 being poor, 5 being excellent)



What would you change about the app?