

Pitching, Catching, and Batting Questions

Pitching What are the adjustments you tried and how did it affect your performance?	
Pitching What are some factors (internal and external) during a game that could affect your pitching performance?	
Catching What are the adjustments you tried and how did it affect your ability to catch the ball?	
Catching What are some factors (internal and external) during a game that could affect your catching performance?	
Batting What are the adjustments you tried and how did it affect your ability to hit/kick the ball?	
Batting What are some factors (internal and external) during a game that could affect your batting performance?	