

Our Needs

Author: Lindsey Patten





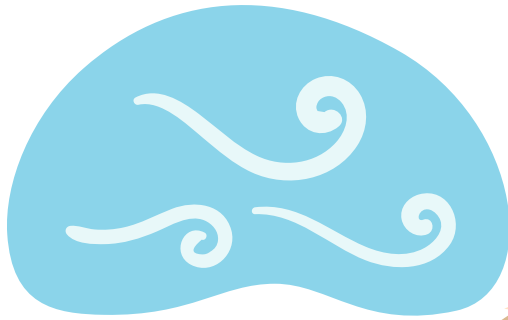
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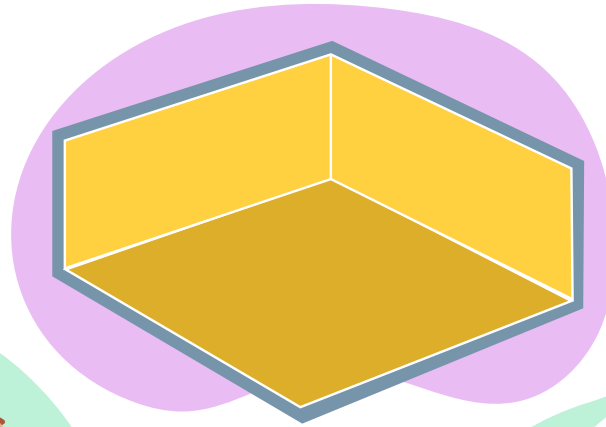


What is a need?

A need is something that a human being needs to have in order to live.



Air



Space



Shelter



Water



Heat



Food

There are six basic needs. Food, Water, Air, Shelter, Heat and Space.



Food is a need. Food gives us energy. Food makes us strong and healthy. Healthy food helps us grow.



Water is a need. Water makes our bodies healthy.
Water helps us when we are thirsty.

Air is a need. We need to be able to breathe every day. Breathing gives us the energy to eat and grow.





Shelter is a need. A home is a type of shelter. We need a shelter to protect us from the weather. A shelter like a home also makes us feel safe and comfortable.



Recycling is important. Help protect the planet and don't forget to recycle.



Space is a need. Having space is important because it gives us room to move around. It also gives us room to grow.



These are the needs that people like you need to live your life.

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